

## Intervention: Project Towards No Drug Abuse (TND)

Finding: Mixed evidence

### Potential partners to undertake the intervention:

- |   |  |
|---|--|
| <input type="checkbox"/> Nonprofits or local coalitions                   | <input type="checkbox"/> Businesses or labor organizations |
| <input checked="" type="checkbox"/> Schools or universities               | <input type="checkbox"/> Media                             |
| <input type="checkbox"/> Health care providers                            | <input type="checkbox"/> Local public health departments   |
| <input type="checkbox"/> State public health departments                  | <input type="checkbox"/> Policymakers                      |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other:                            |

### Background on the intervention:

Project Towards No Drug Abuse (TND) is an interactive program designed to help high school youth (14 to 19 years old) resist substance use. A school-based program, Project TND consists of twelve 40- to 50-minute lessons that include motivational activities, social skills training, and decision-making components.

### Findings from the systematic reviews:

Systematic reviews provide mixed evidence of Project TND's effectiveness. The National Institute on Drug Abuse (NIDA) and the Substance Abuse and Mental Health Services Administration (SAMHSA) cite Project TND as a model or exemplary program. However, Foxcroft, et al., write that the program is an ineffective intervention and do not recommend it. See the link below for more information.

### Additional information:

Towards No Drug Abuse - [www.cceanet.org/Research/Sussman/tnd.htm](http://www.cceanet.org/Research/Sussman/tnd.htm)

### References:

Foxcroft DR, Ireland D, Lister-Sharp DJ, Lowe G, Breen R. Longer-term primary prevention for alcohol misuse in young people: a systematic review. *Addiction* 2003 Apr; 98(4):397-411.

NIDA - [Preventing Drug Use Among Children and Adolescents: A Research-Based Guide](http://www.nida.nih.gov/Prevention/Prevopen.html) - [www.nida.nih.gov/Prevention/Prevopen.html](http://www.nida.nih.gov/Prevention/Prevopen.html)

SAMHSA - [National Registry of Effective Programs](http://www.modelprograms.samhsa.gov) - [www.modelprograms.samhsa.gov](http://www.modelprograms.samhsa.gov)